

# **FirstHealth of the Carolinas Sleep Disorders Center**

## **Guest Policy**

Any person accompanying a patient for a sleep study will be deemed a guest of that patient. This guest will need to be authorized and allowed to stay with the patient prior to sleep study appointment. The guest responsibilities will include emotional and physical support of the patient. The technologist does not provide the physical assistance the patient may require (i.e. lifting, moving, holding, changing any garments, cleaning/bathing).

Only 1 guest is allowed, if authorized, to stay with the patient during the sleep study testing. Any additional guests will interfere with the testing environment of the patient, plus the privacy and safety of other patients in the Sleep Center.

The guest staying with the patient will need to accommodate to the rules of the testing environment. Once study has started, televisions needs to be off, no cellphones should be in use and those being tested should remain in designated location until study has been completed or otherwise directed by technologist.

Any failure to abide by this policy will result in the cancellation and rescheduling of the sleep study. If an unauthorized guest or more than one guest arrives with a patient, the appointment will be canceled and rescheduled. If you should experience extenuating circumstances, please call the Sleep Center to have your questions answered:

- **Moore Regional Hospital: (910) 715-3338**
- **Montgomery Hospital: (910) 571-5600**
- **Richmond Hospital: (910) 417-3952**